

**September 20, 2020**

## **Restoring the Tree Canopy in North Park**

Join us on **Sunday, October 11th, from 8 a.m. to 11 a.m.** to plant saplings on a section of the Orange trail in North Park. This event can be found on our [online calendar](#) and is also a [public event](#) on our FB page. As we get closer to the event, we'll update you with details, including COVID-19 safety measures. Your donations have made it possible for us to buy the trees for this worthwhile cause.

## **New Board Member**

We'd like to acknowledge and welcome Chris Traynor to our [Board of Directors](#)! Chris has been a longtime and very active NPTR member. She's a key run lead for the ever popular and constantly expanding Sunday Relaxed Runs. Welcome, Chris!

## **Races**

- [GCXC Racing](#) is giving NPTR Members a discount on their upcoming races. The code **NPTR2020** affords you 10% off! (Just A Short Run is Oct 3rd and 4th, South Ridge Trail is Oct 10th, Two Face is Oct 25th, and Duff Park Hill Buster 5-miler is Nov 21.)
- [Western Reserve Racing](#) has reached out to us (again) and will be providing a discount code for their upcoming races. BigFoot 50K / 10 Miler has become a popular field trip for a large number of us! Stay tuned for discount info.

## **Volunteering**

- Please consider volunteering at the previously mentioned GCXC races! Contact **Suzette Coppola (copied on this email)** for more information or to signal your interest!
- **Trail Pittsburgh** hosts volunteer sessions all year, focusing on trail improvements. It's great to give back. Have a look at their [website](#).
- We're always looking for run leaders, sweeps and ambassadors. Reply to this email if you're interested and available to help out with group runs from time to time.

## **Member Survey**

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In early August we sent a Member Survey. Your feedback will help immensely with strategic planning and process improvement. Below is a summary of the survey results:

**How often to attend group runs?**

- Occasionally: **43%**
- At least twice a month: **27%**
  
- I have never attended a group run: **19%**

**If you've never attended a group run, why not? Top-3 answers:**

- Schedule conflicts (by far the most popular reason cited)
- COVID-19 concerns
- Worried about being "too slow."

**Would you consider volunteering?**

- Yes: **41%**
- No: **18%**
- Maybe: **40%**

**What do you like best about NPTR? Top-2 answers:**

- The people (common theme: camaraderie, inclusivity, support)
- The group runs

**What do you like least about NPTR? Top-2 answers:**

- Reliance on Facebook\*
- Political FB posts\*\*

\* Our [online calendar](#) is a great alternative to Facebook

\*\* We've made our existing FB guidelines more robust to allow for quick action when off-topic posts are reported.

Sincerely,

[North Park Trail Runners](#)

Keep up the good work with social distancing! We're not out of the woods yet.