

September 20, 2020

Restoring the Tree Canopy in North Park

Join us on **Sunday, October 11th, from 8 a.m. to 11 a.m.** to plant saplings on a section of the Orange trail in North Park. This event can be found on our [online calendar](#) and is also a [public event](#) on our FB page. As we get closer to the event, we'll update you with details, including COVID-19 safety measures. Your donations have made it possible for us to buy the trees for this worthwhile cause.

New Board Member

We'd like to acknowledge and welcome Chris Traynor to our [Board of Directors](#)! Chris has been a longtime and very active NPTR member. She's a key run lead for the ever popular and constantly expanding Sunday Relaxed Runs. Welcome, Chris!

Races

- [GCXC Racing](#) is giving NPTR Members a discount on their upcoming races. The code **NPTR2020** affords you 10% off! (Just A Short Run is Oct 3rd and 4th, South Ridge Trail is Oct 10th, Two Face is Oct 25th, and Duff Park Hill Buster 5-miler is Nov 21.)
- [Western Reserve Racing](#) has reached out to us (again) and will be providing a discount code for their upcoming races. BigFoot 50K / 10 Miler has become a popular field trip for a large number of us! Stay tuned for discount info.

Volunteering

- Please consider volunteering at the previously mentioned GCXC races! Contact **Suzette Coppola (copied on this email)** for more information or to signal your interest!
- **Trail Pittsburgh** hosts volunteer sessions all year, focusing on trail improvements. It's great to give back. Have a look at their [website](#).
- We're always looking for run leaders, sweeps and ambassadors. Reply to this email if you're interested and available to help out with group runs from time to time.

Member Survey

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In early August we sent a Member Survey. Your feedback will help immensely with strategic planning and process improvement. Below is a summary of the survey results:

How often to attend group runs?

- Occasionally: **43%**
- At least twice a month: **27%**

- I have never attended a group run: **19%**

If you've never attended a group run, why not? Top-3 answers:

- Schedule conflicts (by far the most popular reason cited)
- COVID-19 concerns
- Worried about being "too slow."

Would you consider volunteering?

- Yes: **41%**
- No: **18%**
- Maybe: **40%**

What do you like best about NPTR? Top-2 answers:

- The people (common theme: camaraderie, inclusivity, support)
- The group runs

What do you like least about NPTR? Top-2 answers:

- Reliance on Facebook*
- Political FB posts**

* Our [online calendar](#) is a great alternative to Facebook

** We've made our existing FB guidelines more robust to allow for quick action when off-topic posts are reported.

Sincerely,

[North Park Trail Runners](#)

Keep up the good work with social distancing! We're not out of the woods yet.