

Dear Trail Family,

NPTR is committed to following COVID-19 guidelines issued by state and local officials. Looking back, you'll remember that on March 16, 2020, we cancelled all group runs. For two months, group runs remained cancelled. Fast forward to June 5th -- at which time Allegheny County moved to the "green" phase. We are sending this communication to remind everyone that with the "green" phase, **keeping a minimum distance of 6-feet between individuals remains a key component** of slowing the spread of this highly contagious disease.

Our group runs are exploding in size. And we are thrilled to have so many new (and old!) runners join us. **However, we have a responsibility to promote and practice social distancing to ensure your safety and the safety of the community in total.**

We thank you for your ongoing support and cooperation!

See you on the trails (still from a 6-foot distance!)
[North Park Trail Runners](#)

Resources:

[Comprehensive list of NPTR Member Communications](#) (COVID-related)
[Guidelines from the CDC](#)
[What to do with friends who don't social distance](#)